

MEASUREMENT CONVERSION TIPS:

- ½ tsp = 2.5 mL
- ¾ tsp = 3.75 mL
- 1 tsp = 5 mL
- 1 ½ tsp = 7.5 mL
- 1 ¾ tsp = 8.75 mL
- 2 tsp = 10 mL

MEDICATION LIST

Acetaminophen Products (Tylenol®/Tempra®) Give Every 4-6 Hours

Suspension/Elixir	12-17 lbs	80 mg	½ tsp or 1 chewable
(160 mg/5 mL)	18-23 lbs	120 mg	¾ tsp
5 mL = 1 teaspoon (tsp)	24-29 lbs	160 mg	1 tsp or 2 chewable or 1 JS
	30-35 lbs	200 mg	1 ¼ tsp
Chewables (80 mg)	36-41 lbs	240 mg	1 ½ tsp or 3 chewable
	42-46 lbs	280 mg	1 ¾ tsp
Junior Strength Chews (JS)	47-52 lbs	320 mg	2 tsp or 4 chewable or 2 JS
(160 mg)	53-58 lbs	360 mg	2 ¼ tsp
	59-64 lbs	400 mg	2 ½ tsp or 5 chewable or 2 1/2 JS
	65-70 lbs	440 mg	2 ¾ tsp
	71-95 lbs	480 mg	3 tsp or 6 chewable or 3 JS
	95+ lbs	640 mg	4 JS
Regular Strength Tablets	48-95 lbs	325 mg	1 tablet
(325 mg)	95 + lbs	650 mg	2 tablets
Extra Strength Tablets	74-146lbs	500 mg	1 tablet
(500 mg)	147+ lbs	1000 mg	2 tablets

Ibuprofen Products (Advil®, Motrin®) Give Every 6-8 Hours

These products should not be given before 6 months of age.

Infant Drops	12-16 lbs	50 mg	1.25 mL
(50mg/1.25mL)	17-21 lbs	75 mg	1.875 mL
	22-27 lbs	100 mg	2.5 mL
Suspension	12-16 lbs	50 mg	½ tsp
(100 mg/5mL)	17-21 lbs	75 mg	¾ tsp
5 mL = 1 teaspoon (tsp)	22-27 lbs	100 mg	1 tsp or 1 chewable
	28-32 lbs	125 mg	1 ¼ tsp
Chewable Tablets (50 mg)	22-32 lbs	100 mg	2 chews
	33-43 lbs	150 mg	3 chews
	44-55 lbs	200 mg	4 chews
Junior Strength	33-38 lbs	150 mg	1 ½ tsp
Chewable Tablets (100 mg)	39-43 lbs	175 mg	1 ¾ tsp
	44-49 lbs	200 mg	2 tsp or 2 chewables
	50-54 lbs	225 mg	2 ¼ tsp
	55-60 lbs	250 mg	2 ½ tsp
	61-65 lbs	275 mg	2 ¾ tsp
	66-87 lbs	300 mg	3 tsp or 3 chewables
Adult Tablets (200 mg)	44-87 lbs	200 mg	1 tablet
	88-131 lbs	400 mg	2 tablets
	132+ lbs	600 mg	3 tablets

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BENADRYL (Diphenhydramine)

Elixir/Syrup/Liquid	13-26 lbs	6.25 mg	½ tsp
(12.5 mg/5 mL) 5mL = 1tsp	27-40 lbs	12.5 mg	1 tsp or 1 chewable
	41-54 lbs	18.75 mg	1 ½ tsp
Chewables (12.5 mg)	55-81 lbs	25 mg	2 tsp or 2 chewables
	82-109	37.5 mg	3 tsp or chewables
Adult Tablets (25 mg)	55-109 lbs	25 mg	1 tablet
	110+ lbs	50 mg	2 tablets

ALLERGY RELIEF (Non-sedating)

Claritin® (Loratadine)	2-5 years	5 mg (1 tsp or 1 chew)	once daily
	6 years and up	10 mg	once daily
Alavert®	6 years and up	10 mg	once daily
Zyrtec (cetirizine)	6-23 mos	2.5 mg (½ tsp)	once daily
	2-5 years	2.5 mg (½ tsp or ½ chew)	once daily
	6 years and up	5-10 mg (1-2 tsp or 1-2 chews)	once daily
Allegra (Fexofenadine)	6-23 mos	15 mg (½ tsp)	twice daily
	2-11 years	30 mg (1 tsp)	twice daily
	12 years and up	60 mg (2 tsp or 1 tablet)	twice daily

SUDAFED PRODUCTS

Childrens' Sudafed® Liquid	6-12 years	2 tsp	every 6 hours
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Children's Sudafed® Cold & Cough	6-12 years	2 tsp	every 6 hours
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Children's Sudafed® Chewables	6-12 years	2 tabs	every 6 hours
	>12 years	3-4 tabs	every 6 hours

Sudafed® Adult Tablets	6-12 years	1 tabs	every 6 hours
	>12 years	2 tabs	every 6 hours

TRIAMINIC PRODUCTS

Triaminic® Chest Congestion or	6-11 years	2 tsp	every 6 hours
Allergy Congestion	12+ years	3 tsp	every 6 hours

Triaminic® Cold & Allergy	6-11 years	2 tsp	every 6 hours
	12+ years	3-4 tsp	every 6 hours

Triaminic® Soft Chews Cold &	6-11 years	2 tabs	every 6 hours
Allergy	12+ years	3-4 tabs	every 6 hours