

Your Child Has Tested Positive for Covid-19

****If after CAREFULLY reading this handout, you still have questions, please message our office via the patient portal and a nurse will reply.**

Isolation and Care for the Person with Covid-19:

If your child is old enough to provide self-care, your child should **ISOLATE** from household members for 5 days. If after 5 days, your child is fever free for 24 hours, symptoms are improving, or child has been asymptomatic-isolation may end. Your child should mask through day 10 (another 5 days).

Day 0 of isolation is the day symptoms began or test was positive if asymptomatic

ISOLATION means:

- Stay in a separate room and eat separately from others
- Use a separate bathroom if possible; if not surfaces should be wiped down after use
- Mask when in the same space as others or when walking through the house

If your child is **UNABLE** or **UNWILLING** to mask, then your child must **ISOLATE** for **10 DAYS**.

If your child is such an age that the above described isolation is not possible, then caregivers should mask around the infected child and test if they become symptomatic.

Quarantine for Household Members:

For anyone who has positive exposure, they do not need to complete a quarantine regardless of vaccination status, but they must wear a well-fitting mask for 10 days after last positive exposure. If **UNABLE** or **UNWILLING** to mask, they should quarantine for 10 days.

Day 0 of quarantine is the day of last positive exposure

When to Test Other Household Members:

Any household member who develops symptoms should isolate and be tested. This can be a rapid test that has previously been obtained from schools, libraries, drugstores or our office. You may search www.ohio.emed.com for locations near you.

We do not provide asymptomatic testing, nor does COPC or Nationwide Children's Hospital.

Symptom Management:

Typical care for fever/achiness – consult our parent manual for dosing. Tylenol (acetaminophen) is preferred for Covid-19, but ibuprofen can be used for breakthrough symptoms while on Tylenol.

Supportive care for congestion, runny nose, cough, or sore throat – elevated head of bed, run humidifier, nasal suction, honey for cough if > 1 year of age. Over-the-counter cough/cold medication can be safely used for symptoms when age appropriate (consult our parent manual for dosing).

Call our office with fevers lasting more than 5 days, worsening cough, labored breathing, chest pain or complaints of difficulty breathing.