

BENADRYL (Diphenhydramine)

Elixir/Syrup/Liquid	13-26 lbs	6.25 mg	½ tsp
(12.5 mg/5 mL) 5mL = 1tsp	27-40 lbs	12.5 mg	1 tsp or 1 chewable
	41-54 lbs	18.75 mg	1 ½ tsp
Chewables (12.5 mg)	55-81 lbs	25 mg	2 tsp or 2 chewables
	82-109	37.5 mg	3 tsp or chewables
Adult Tablets (25 mg)	55-109 lbs	25 mg	1 tablet
	110+ lbs	50 mg	2 tablets

ALLERGY RELIEF (Non-sedating)

Claritin® (Loratadine)	2-5 years	5 mg (1 tsp or 1 chew)	once daily
	6 years and up	10 mg	once daily
Alavert®	6 years and up	10 mg	once daily
Zyrtec (cetirizine)	6-23 mos	2.5 mg (½ tsp)	once daily
	2-5 years	2.5 mg (½ tsp or ½ chew)	once daily
	6 years and up	5-10 mg (1-2 tsp or 1-2 chews)	once daily
Allegra (Fexofenadine)	6-23 mos	15 mg (½ tsp)	twice daily
	2-11 years	30 mg (1 tsp)	twice daily
	12 years and up	60 mg (2 tsp or 1 tablet)	twice daily