

## Abuse and Complex Living Situations

*Books available at the Columbus Metropolitan Library*

### PICTURE BOOKS

- Hands Are Not for Hitting** by Martine Agassi, 2002. Picture Book AGASSI  
Children who have been abused or witnessed abuse can mimic what they have seen. This book offers alternative solutions for dealing with anger and frustration. (Grades PreK-K)
- Far Apart, Close in Heart** by Becky Birtha, 2017. Picture Book BIRTHE  
Children who have a parent in prison express their feelings, and how they stay in touch through writing letters and visits. (Grades K-3)
- Angryman** by Gro Dahle, 2019. Picture Book DAHLE  
A young boy named Boj has a father who can be very angry and violent. When he is, no one is safe. Until Boj does something very powerful—he tells a trusted adult. (Grades 3-5)
- The Big Bad Wolf in My House** by Valérie Fontaine, 2021. Picture Book FONTAINE  
A young girl describes what it's like when her mom's new friend comes to stay. In the midst of the abuse the mother and daughter pair are able to cling to hope and safety. (Grades PreK-4)
- Sad the Dog** by Sandy Fussell, 2015. Picture Book FUSSELL  
“Sad” the dog’s humans care for his basic needs, but often yell and criticize him. When his humans move away without him he is heartbroken until a new family makes his life complete. (Grades 1-4)
- Still a Family** by Barbara Reeves Sturgis, 2017. Picture Book REEVES STURGIS  
A girl and her mother stay at the family business shelter, and her father stays at the men’s shelter. But they still find ways to come together as a family. (Grades PreK-2)

### JUVENILE BOOKS

- Louisiana’s Way Home** by Kate DiCamillo, 2018. Fiction DICAMILLO  
Louisiana’s granny wakes her in the middle of the night and says they have to leave home immediately. Alone and stranded in a small town, she looks for a place to call home. (Grades 4-6)
- Chirp** by Kate Messner, 2020. Fiction MESSNER  
A young gymnast hides a sexual abuse secret as she makes friends in a new town.
- Stay** by Bobbie Pyron, 2019. Fiction PYRON  
Piper’s family moves to a homeless shelter in a new city where she must learn to trust new friends to help her save a beloved dog, Baby, from being taken from her human. (Grades 3-7)
- Ghost** by Jason Reynolds, 2016. Fiction REYNOLDS  
Gifted runner Ghost finds his goals are challenged by his past with a violent father. (Grades 4-9)
- Genesis Begins Again** by Alicia D. Williams, 2019. Fiction WILLIAMS  
Genesis’s family struggles to maintain housing, due to her father’s gambling and alcohol abuse. A teacher uncovers a hidden talent in Genesis, and helps her learn to love herself. (Grades 6-9)

## NON-FICTION

- Once I Was Very Very Scared** by Chandra Ghosh Ippen, 2017. J 155.41246 I64o  
A group of animals share their experiences in being very scared, and how they reacted. They share both their initial reaction, and how they learned coping skills from grown-ups. (PreK-2)
- Making it Better: Activities for Children Living in a Stressful World** J 372.21 O28m2  
by Barabara Oehlberg, 2014.  
Activities to help children process and heal from trauma-informed life events. (Grades PreK-3)
- Free Lunch** by Rex Ogle, 2019. J B O351f  
Recounting his lived experiences from sixth grade, Ogle chronicles the brutal consequences of poverty, violence and abuse inflicted on himself and his family. (Grades 5-8)
- Let's Talk about Body Boundaries, Consent and Respect** J 362.76 S215L  
by Jayneed Sanders, 2018  
Teaches the concepts of body ownership and appropriate body boundaries, respectful relationships, feelings and emotions, choices and recognizing bullying behaviors. (PreK-4)

## TEEN FICTION

- Black Girl Unlimited** by Echo Brown, 2020. Fiction BROWN  
Believing that she and her mother are wizards helps Echo cope with poverty, hunger, her mother's drug abuse, and much more. (Grades 9-12)
- If These Wings Could Fly** by Kyrie McCauley, 2020. Fiction MCCAULEY  
Leighton struggles between her promise to watch over her sisters and her desperation to flee her father's on-going abusive behavior. (Grades 8-12)
- Long Way Down** by Jason Reynolds, 2017 Fiction REYNOLDS  
Fifteen-year-old Will is tempted to avenge the shooting death of his brother—can a series of elevator interactions change his mind? (Grades 9-12)

## TEEN NON-FICTION

- You Too?** by Janet Gurtler, editor, 2020. T 362.88 Y67  
No young person should be subject to sexual assault or made to feel unsafe. This collection of personal stories reminds readers to be strong and never be silenced by abuse. (Grades 8-12)
- Hey, Kiddo** by Jarrett J. Krosoczka, 2018. T 741.5 K93h  
A graphic novel about the author's experience growing up in a family grappling with addiction, finding people who helped him get through it, and how his art helped him survive. (Grades 8-12)

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Please call 614-645-2275. Updated 12/27/2022



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## ADHD Book Lists

### For Parents:

- Taking Charge of ADHD: The Complete, Authoritative Guide for Parents *by Russell A. Barkley*
- Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood Through Adulthood *by Edward M. Hallowell, M.D. and John J. Ratey, M.D.*
- How to Talk so Kids Can Learn: At Home and in School *by Adele Faber, Elaine Mazlich, Lisa Nyberg and Rosalyn Templeton*
- The Difficult Child *by Stanley Turecki and Leslie Tonner*
- 8 Keys to Parenting Children with ADHD *by Cindy Goldrich, M.Ed.*
- The Explosive Child *by Ross Greene, Ph.D.*
- Smart but Scattered Teens *by Richard Guare, Ph.D. and Peg Dawson, Ph.D.*
- What your ADHD Child Wishes you Knew *by Sharon Saline, Psy D*

### For Kids:

- Thriving with ADHD Workbook for Kids *by Kelli Miller (7-10 yrs)*
- All Dog Have ADHD *by Kathy Hoopmann (6-13 yrs)*
- Baxter Turns Down His Buzz *by James M Foley (4-8 yrs)*
- Marvin's Monster Diary series *by Raun Melmed and others (7-10 yrs)*
- Mrs. Gorski, I Think I Have the Wiggle Fidgets *by Barbara Esham (5-7 yrs)*
- Hank Zipzer series *by Henry Winkler and Liv Oliver (8-10 yrs)*
- Free Association: Where My Mind Goes During Science Class *by Barbara Esham (4-8 yrs)*
- This Morning Sam Went to Mars: A book about paying attention *by Nancy Carlson (5-9 yrs)*
- Cory Stories: A Kids Book about Living with ADHD *by Jeanne Kraus (6-9 yrs)*
- ADHD is our Superpower: The Amazing Talents and Skills of Childrens with ADHD *by Soli Lazarus (7-11 yrs)*
- ADHD is My Super Power and It Comes with Great Super Strength *by Alana Moore*
- Can I Tell you about ADHD? A Guide for Friends, Family and Professionals *by Susan Yarney (7+ yrs)*
- My Whirling Twirling Motor *by Merriam Sarcia Saunders (4-7yrs)*
- The Abilities in Me: ADHD *by Genna Keir (3-8 yrs)*
- A Dragon with ADHD *by Steve Herman (5-8yrs)*

### Websites and Other Resources

- Nationwide Children's Hospital, Community Education – ADHD Academy – classes that run throughout the school year.
  - 614-355-0662
  - <https://www.nationwidechildrens.org/family-resources-education/courses-for-parents-and-kids>
- CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) - <https://chadd.org/>



# Adoption

*Books available at the Columbus Metropolitan Library*

## PICTURE BOOKS

**My New Mom & Me** by Renata Galindo, 2016.

Picture Book GALINDO

When he goes to live with his new cat mom, a puppy is nervous and unsure. But Mom knows how to take care of him and they learn how to be a family together. (Grades PreK-2)

**Real Sisters Pretend** by Megan Dowd Lambert, 2016

Picture Book LAMBERT

Mia and Tayja are sisters even though others don't always recognize this since they're adopted and don't look alike. Safe in the knowledge that adoption has made them "forever family," the sisters go on a pretend adventure and end their make-believe journey with a joyful homecoming to a real home with their two moms. (Grades PreK -2)

**A Family Is a Family Is a Family** by Sara O'Leary, 2016.

Picture Book O'LEARY

When her teacher asks everyone to share what makes their family special, a young girl is reluctant to speak. Then she learns from her classmates that there are many, many types of families, and every type is just as loving and valid. (Grades PreK-2)

**The Family Book** by Todd Parr, 2020

Picture Book PARR

A celebration of all the different kinds of families in the world, the different things they might like to eat and the things they have in common. (Grades PreK-2)

**We Belong Together** by Todd Parr, 2007.

Picture Book PARR

An adoptive parent and child celebrate the reasons why they belong together, and the many things that they each bring to the relationship. (Grades PreK-2)

**Home at Last** by Vera B. Williams, 2016.

Picture Book WILLIAMS

After Lester is adopted from his foster home by Daddy Albert and Daddy Rich he is happy during the day, but too scared and worried during the night to sleep in his own bed. Finally, the family dog comes up with a solution that helps Lester feel at home at last. (Grades 1-3)

## JUVENILE FICTION

**Forever or a Long, Long Time** by Caela Carter, 2017

Having shared so many foster homes that they are unable to trust that the family that has adopted them will last, Flora and her brother, Julian, are assisted by their new mother on a journey to resolve their past so that they can build a future. (Grades 3-7)

**I Can Make This Promise** by Christine Day, 2019

Fiction DAY

Twelve-year-old Edie finds letters and photographs in her attic that change everything she thought she knew about her Native American mother's adoption. She realizes she has a lot to learn about her family's history and her own identity. (Grades 3-7)



**For Black Girls Like Me** by Mariama Lockington, 2019

Fiction LOCKINGTON

After moving across the country, eleven-year-old Makeda, who is adopted and black, is coping with serious problems in her white adopted family. Through it all she can't help wondering: *What would it be like to grow up with a family who looks like me?* (Grades 3-7)

**Patina** by Jason Reynolds, 2017

Fiction REYNOLDS

Patina's mother lost her legs to "the sugar," so she and her little sister live with a friend of the family who adopted them. Patina struggles to adjust to her fancy new school but as long as she can look out for her younger sister, whose braids she takes special care of every Sunday, things will be okay. (Grades 5-9)

## TEEN FICTION

**Far From the Tree** by Robin Benway, 2017

Three teenagers, biological siblings separated by adoption, explore the meaning of family in all its forms-- how to find it, how to keep it, and how to love it.

## NON-FICTION

**I Color Myself Different** by Colin Kaepernick, 2022

J B K116i

After being asked about why he is the only brown person in his family when he draws a picture for a school project, Colin starts to feel bad. After talking with his mom about how being adopted made their family whole, he celebrates how being adopted and having brown skin makes him special.

**My Family, Your Family** by Lisa Bullard, 2015.

J 306.85 B935m

Makayla explores her neighborhood and spends time with all different types of families. Each family is happy and loving, and the differences between them are described as positives. (Grades PreK-3)

**Family and Friends** by Honor Head, 2013.

J 306.85 H432f

Describes different types of families, including foster families and how they are formed. Provides advice for having healthy relationships and questions to think about. (Grades 2-5)

**Families** by Shelley Rotner and Sheila M. Kelly, 2015.

J 306.85 R848f

Numerous photographs and simple text describe all different types of families – what is different, and what they have in common. (Grades PreK-2)

**I'm Adopted!** by Shelley Rotner, 2011

J 362.734 R848i

Photographs and simple text provide a safe space for adoptive parents and their children to discuss the story behind their adoption. (Grades K-3)

# Anxiety

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## PICTURE BOOKS

- Gloria's Big Problem** by Sarah Stiles Bright, 2020. Picture Book BRIGHT  
Gloria loved to sing and dance but not in public, thanks to her "Big Problem" who convinced her she was anxious, frightened and not good enough...until one day she'd had enough. (Grades K-3)
- Wemberly Worried** by Kevin Henkes, 2000. Picture Book HENKES  
Wemberly, a mouse, worries about everything, including her first day of school. (Grades PreK-2)
- A Whale of a Mistake** by Ioana Hobai, 2020. Picture Book HOBAL  
A girl makes a big mistake and worries that it will impact the rest of her life. She swims out to sea with her "whale of a mistake" where she discovers how to learn from it and let it go. (Grades K-3)
- Brave Every Day** by Trudy Ludwig, 2022. Picture Book LUDWIG  
Camila learns how to be brave in the face of worries when a class visit to an aquarium brings anxiety and fear. (Grades K-3)
- Ruby Finds a Worry** by Tom Percival, 2018. Picture Book PERCIVAL  
Ruby is a happy and curious girl who one day finds something unexpected: a Worry. Every day the worry gets bigger until she learns from a friend how to make the worry go away. (Grades PreK-2)

## JUVENILE FICTION

- Every Missing Piece** by Melanie Conklin, 2020. Fiction CONKLIN  
Since her dad died in a terrible accident, Maddy has worried a lot. She conducts frequent safety checks and constantly calls the police. A new boy in town is cause for concern. (Grades 3-6)
- Five Things about Ava Andrews** by Margaret Dilloway, 2020. Fiction DILLOWAY  
Everyone thinks Ava never talks because she is stuck up. What they don't know is that she is quietly trying to deal with two troubling problems—anxiety and a heart disorder. (Grades 3-6)
- Stuntboy, in the Meantime** by Jason Reynolds, 2021. Fiction REYNOLDS  
Portico copes with "the frets" through his secret identity as the superhero Stuntboy. (Grades 3-6)
- Living with Viola** by Rosena Fung, 2021. J 741.5 F981L  
Livy struggles to fit in at her new school while also dealing with "Viola," her anxiety. (Grades 4-7)
- Guts** by Raina Telgemeier, 2019. J 741.5 T271g  
Twens will appreciate the author's graphic novel depiction of her younger self learning how to cope with the emotional and physical aspects of an anxiety disorder. (Grades 3-7)

## TEEN FICTION

**The Words We Keep** by Erin Stewart, 2022. Fiction STEWART  
Lily Larkin must learn how to deal with her own anxiety after her sister Alice starts experiencing debilitating mental health problems. (Grades 9-12)

**Micah, the Good Girl** by Ashley Woodfolk, 2020. Fiction WOODFOLK  
The death of Micah's brother upends her life. Now facing anxiety, panic attacks, and her first serious boyfriend, does Micah still want to be the "good girl" she has always been? (Grades 9-12)

## NON-FICTION

**Feeling Nervous** by Amber Bullis, 2020. J 155.41246 B978f  
Learn more about understanding and coping with emotions such as fear and anxiety. (Grades 2-5)

**When My Worries Get Too Big** by Kari Dunn Buron, 2013. J 618.928522 B967w2  
A relaxation activity book to help children who live with anxiety. (Grades K-2)

**Coping Skills for Kids Workbook** by Janine Halloran, 2018. J 155.4189 H192c  
Over seventy-five coping strategies to help kids deal with stress and anxiety. (Grades K-8)

**Why Do I Feel So Worried?** by Tammi Kirkness, 2022. J 152.46 K59w  
Kids can follow this flowchart with an adult to learn how to cope with different kinds of anxiety. (Grades K-8)

**Bundle of Nerves: A Story of Courage** by Mari Shuh, 2018. J 152.46 S385b  
Facing your fears takes courage. Follow Luis on his first day of school as he courageously overcomes situations that have triggered his anxiety. (Grades K-2)

## TEEN NON-FICTION

**The Stress Survival Guide for Teens** by Jeffrey Bernstein, 2019. T 155.518 B531s  
Includes cognitive behavioral techniques to help you worry less, develop grit and live your best life. (Grades 7-12)

**My Anxiety Handbook: Getting Back on Track** by Sue Knowles, 2018. T 152.46 K73m  
Fun and simple strategies for teens on how to recognize and manage symptoms of anxiety. (Grades 8-12)

**Rewire Your Anxious Brain for Teens** by Debra Kissen, 2020. T 616.8522 K61r  
Provides scientific explanations, real world examples, and cognitive behavioral therapy tools to overcome anxiety for teens. (Grades 9-12)

# Bullying

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## PICTURE BOOKS

**Bully** by Jennifer Gordon Sattler, 2018

Picture Book SATTLER

When a selfish bullfrog takes over a lily pond, the other residents decide to unite and take action.  
(Grades PreK-2)

**Get Up, Stand Up** by Cedella Marley, 2020

Picture Book MARLEY

Children are encouraged to resist bullying and stand up for their rights. (Grades K-2)

**I Walk With Vanessa** by Kerascoët, 2018

Picture Book KERASCOET

An elementary school girl witnesses the bullying of another girl, and decides to stand up for what is right.  
(Grades PreK-3)

**My Footprints** by Bao Phi, 2019

Picture Book PHI

Upset after being bullied, Thuy, a Vietnamese American, pretends she is different creatures, including an especially strong, wonderful being made up of her two mothers and herself.  
(Grade K-3)

**The Not-So-Friendly Friend** by Christina Furnival, 2021

Picture Book FURNIVAL

How to Set Boundaries for Healthy Friendships

A kind hearted girl who is quick to make new friends discovers that not every classmate will like her. She learns to set boundaries and stay emotionally safe from school bullies. (Grade K-3)

**Speak Up Sami** by Shabana Hussain, 2022.

Picture Book HUSSAIN

Sami is a shy boy who has trouble making friends at school. Sometimes the other kids tease Sami making him choose to be quiet and distant from others at school. It is when a new kid, Gamba, starts school and is bullied that Sami knows he can't stay quiet anymore. (Grade K-3)

## FICTION

**American as Paneer Pie** by Supriya Kelkar, 2020

J Fiction KELKAR

When a racist incident rocks her small Michigan town, eleven-year-old Lekha must decide whether to speak up or stay silent, even as she struggles to navigate her life at home, where she can be herself, and at school, where she is teased about her culture. (Grades 4-7)

**Black Brother, Black Brother** by Jewell Parker Rhodes, 2020

J Fiction Rhodes

Donte is a biracial boy in a school that is mostly white. He is relentlessly bullied by classmates who wish he looked more like his light-skinned brother. Donte uses the sport of fencing to stand up for himself and challenge school bullies. (Grades 4-7)



- Farah Rocks Fifth Grade** by Susan Muaddo Darraj, 2020 J Fiction DARRAJ  
Fifth-grader Farah's world is turned upside down when new girl Dana shows up and starts bullying her younger brother Samir. Determined to handle it on her own, Farah comes up with a plan--a plan that involves lying to those closest to her. (Grades 3-5)
- Mia Mayhem vs. the Super Bully** by Kara West, 2019 J Fiction WEST  
Mia is excited about her first super-speed training class, but a bully on her relay team leads her to lose her shadow and, worse, to snap at her friends. (Grades 1-3)
- The Secret Battle of Evan Pao** by Wendy Wan-Long Shang, 2022 J Fiction Wan-Long Shang  
Evan Pao is trying to find his place in a new city as a Chinese-American. Kids at his school are determined to not let him fit in to the point of violence. Evan has to make a choice. Will he move forward with the same cruelty or find his own path? (Grades 4-7)

## NON-FICTION

- Buckets, Dippers, and Lids: Secrets to Your Happiness**, 2018 by Carol McCloud J 177.7 M127b  
This book uses a charming metaphor to help children achieve healthy relationships. It also introduces ways that children can set boundaries when they are faced with negative peer interactions. (Grades K-3)
- Channel Kindness: Stories of Kindness and Community** by Lady Gaga, 2020 T 361.2 Gag  
Young people tell their stories of how they overcame bullies and mistreatment. This book emphasizes that simple acts of kindness and empathy can make big changes to the world around us. (Grades 7-12)

## TEEN

- Friend Me** by Sheila Averbuch, 2020 T Fiction AVERBUCH  
Roisin just moved from Ireland to Boston where she faces intense bullying from a new classmate. Roisin is able to feel better by chatting with an online friend who she later doesn't know if she should have trusted. This gripping thriller explores topics in bullying and cyber-safety. (Grades 8-12)
- This Might Hurt a Bit** by Doogie Horner, 2019 T Fiction HORNER  
Relates a seriously bad day in the life of Pennsylvania teenager Kirby Burns, in which he faces dangerous classmates, discovers that a friend is hiding a terrible secret, and grapples with the one-year anniversary of his sister's death. (Grades 9-12)
- The New David Espinoza** by Fred Aceves, 2020 T Fiction ACEVES  
Obsessed with the idea that he is not muscular enough and tired of being bullied, David, age seventeen, begins using steroids, endangering his relationships with family and friends. (Grades 9-12)





## Death and Grief

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### PICTURE BOOKS

**Ida, Always** by Caron Levis, 2016. Picture Book LEVIS

Gus the polar bear grieves over the loss of his companion, Ida. This story is inspired by the real-life Gus and Ida of New York's Central Park Zoo. (PreK-3)

**The Rabbit Listened** by Cori Doerrfeld, 2018. Picture Book DOERRFELD

When Taylor's block castle is destroyed, all the animals think they know just what to do, but only the rabbit quietly listens to how Taylor is feeling. (PreK-2)

**The Goodbye Book** by Todd Parr, 2015. Picture Book PARR

A fish is sad that his friend died. This is a very simple colorful book for young children to learn basic feelings about grief. (PreK-2)

**Maybe Tomorrow?** by Charlotte Agell, 2019. Picture Book AGELL

Elba carries the black block of grief and sadness wherever she goes--until Norris comes along and helps her to let go of the block and enjoy life again. (PreK-3)

**The Invisible String** by Patrice Karst, 2000. Picture Book KARST

Liza and Jeremy's mother teaches them about the Invisible String, which connects people who love each other no matter where they are and means that they are never alone. (PreK-3)

**Goodbye Bear** by Jane Chapman, 2022. Picture Book CHAPMAN

After Bear dies, Beaver and Mole go through stages of grief, eventually deciding to finish something that Bear had started. (PreK-3)

**Dance Like A Leaf** by A. J. Irving, 2020. Picture Book IRVING

As her grandmother's health declines, a young girl begins to take the lead in their shared autumn traditions (PreK-3)

**Zara's Big Messy Goodbye** by Rebekah Borucki, 2021. Picture Book BORUCKI

After seven-year-old Zara experiences a death in her family, she learns that being sad can look different for different people.

**The Boy and the Gorilla** by Jackie Azúa Kramer, 2020. Picture Book KRAMER

An imaginary gorilla helps a young boy talk to his father about the loss -- and find a path to healing through their shared grief and bond.

## JUVENILE FICTION

**My Father's Words** by Patricia Maclachlan, 2018. Juvenile Fiction MACLACHLAN

Two children are left without their father after a terrible accident. Their father's words guide them through overwhelming grief and give them hope for the future. (Grades 3-7)

**Stars Beneath Our Feet** by David Barclay Moore, 2019. Juvenile Fiction MOORE

Unable to celebrate the holidays in the wake of his older brother's death in a gang-related shooting, Lolly struggles to avoid being forced into a gang himself while constructing an elaborate LEGO city. (Grades 5-6)

**When You Trap a Tiger** by Tae Keller, 2020. Juvenile Fiction KELLER.

When Lily and her family move in with her sick grandmother, a magical tiger straight out of her halmoni's Korean folktales arrives, prompting Lily to unravel a secret family history (Grades 3-7)

**Repairing the World** by Linda Epstein, 2022. Juvenile Fiction EPSTEIN.

Grieving over the sudden death of her best friend, eleven-year-old Daisy finds it hard to get excited about things, but new middle school friends and supportive family members help Daisy discover a way to move forward. (Grades 3-7)

**Shot Clock** by Caron Butler, 2022. Juvenile Fiction BUTLER.

After the death of his friend, Tony gets the chance to join the basketball team as statistician. He must grapple with honoring the memory of his basketball-loving friend while also trying to fit in on the team. (Grade 3-7)

## NON-FICTION

**Lost in the Clouds** by Tom Tinn-Disbury, 2021. J 155.937

Billy misses his mother and learns, alongside his father, how to understand and deal with their emotions surrounding loss. (Grades K-3)

**My Mixed Emotions** by Elinor Greenwood, 2018. J152.4 G816n

Feelings can be complicated and learning to express them is a skill that must be developed. This book coaches children through a variety of emotions and situations, including grief. (Grades 1-5)

**Feeling Sad** by Amber Bullis, 2020. J 155.4124 B978f

In this book, readers will discover how to recognize sadness in themselves and others, how to best respond to it, and how to communicate about these feelings. (Grades K-3)

**Death Is Stupid** by Anastasia Higginbotham, 2016. J155.937 H635d

This forthright exploration of grief and mourning recognizes the anger, confusion and fear that we feel about death. This book is an invaluable tool for discussing death, but also celebrating life and love. (Grades K-3)

**Where Do They Go?** By Julia Alvarez, 2016. J 155.937 A473w

"When somebody dies,/where do they go?" This poem explores death through simple but evocative questions. (Grades K-3)



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## Divorce

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### PICTURE BOOKS

**Here and There** by Tamara Ellis Smith, 2019

Picture Book SMITH

After Ivan's parents separate, he has trouble finding joy at either of their homes until he discovers that the birds and music that he loves may be found in both places. (Grades K-2)

**Mila and the Monsters** by Judith Koppens, 2021

Picture Book KOPPENS

An endearing story about being a little bit afraid of the dark and how that looks when co-parenting. Mila is lying in her bed in Mommy's house and Mommy forgot to check if there were any monsters! Daddy always checks, but this is Mommy's house. Does Mommy have someone to chase away the monsters? (PreK-1)

**When Things Are Hard, Remember** by Joanna Rowland, 2021

Picture Book Rowland

With gentle storytelling and poetic language, Joanna Rowland explores what it means to have hope --- hope that things will get better, hope that you are cared for even when things are hard, and hope that new growth is waiting to burst forth, just around the corner. (PreK-2)

### FICTION

**Blended** by Sharon Draper, 2018

J Fiction DRAPER

Piano-prodigy Isabella, eleven, whose black father and white mother struggle to share custody, never feels whole, especially as racial tensions affect her school, her parents both become engaged, and she and her stepbrother are stopped by police. (Grades 4-7)

**Cookies & Milk** by Shawn Amos, 2022

J Fiction AMOS

Eleven-year-old Ellis discovers family secrets, makes new friends, and adjusts to his parents' recent divorce during a hijinks-filled summer helping his father open the world's first chocolate chip cookie store in 1976 Hollywood. (Grades 3-6)

**The Do-over** by Jennifer Torres, 2022

J Fiction TORRES

Twins Raquel and Lucinda Mendoza used to be inseparable. Since their parents divorced, the twins have grown apart and the pandemic made things worse. They are sent to their father's ranch in California and the girls wonder if trying to bring the Mendoza family back together is worth the struggle. (Grades 3-7)

**Every Other Weekend** by Abigail Johnson, 2020

Teen Fiction JOHNSON

Forced to spend every other weekend in the same apartment building, the boy who thinks forgiveness makes him weak and the girl who thinks love is for fools begin an unlikely friendship. (Grades 9-12)

**Genius Jolene** by Sara Cassidy, 2020

J Fiction CASSIDY

In this illustrated early chapter book, Jolene travels with her long-haul trucker father to Los Angeles. (Grades 1-3)

**The List of Things that Will Not Change** by Rebecca Stead, 2020

J Fiction STEAD

Bea, 12, reflects on her parents' divorce and grapples with her changing family as her father prepares to marry his new partner, Jesse, who has a daughter Bea's age. Stead explores difficult topics like divorce, mental health and therapy in a graceful and age-appropriate way. (Grades 5-8)

**NON-FICTION****Dinosaurs Divorce: A Guide for Changing Families** by Laurene Krasny Brown, 1986 J 306.89 B878d

For over 30 years, changing families have been using Dinosaurs Divorce to learn to talk to each other about one of life's most difficult moments. (PreK-2)

**Getting Through My Parents' Divorce: A Workbook for Children Coping With Divorce, Parental Alienation, and Loyalty Conflicts** by Amy Baker, 2015 J 306.89 B167g

This workbook will guide kids through a number of difficult scenarios that can arise during a divorce. (Grades K-5)

**Why Do Families Change? Our First Talk About Separation and Divorce** by Jillian Roberts, 2017

J 306.89 R645w

Often young children blame themselves or are unsure of their place in the family if these events occur. Child psychologist Dr. Jillian Roberts designed the Just Enough series to empower parents/caregivers to start conversations with young ones about difficult or challenging subject matter. (PreK-1)

**You Make Your Parents Super Happy! A Book about Parents Separating** by Richy K. Chandler, 2018

J 306.89 C456y

This simple graphic story helps children whose parents are separated to feel better. The book says why some parents have to live in different places, and reassures them that both parents will keep looking after them, and love them just as before. (PreK-1)

**GRAPHIC NOVELS****Just Pretend** by Tori Sharp, 2021

J 741.5 S531j

This is an energetic, affecting graphic memoir, in which a young girl uses her active imagination to navigate middle school as well as the fallout from her parents' divorce. (Grades 4-8)

**Mend A Story of Divorce** by Sophia Recca, 2018

J 741.5 R294m

The fourteen-year-old author tells the story of her parents' divorce and how she demanded that both parents remain in her life, no matter what. (Grades 5-8)

These items can be borrowed by visiting your nearest Columbus Metropolitan Library location. Please call 614-645-2275.

Updated 1/9/2023

# Equality and Diversity

*Books available at the Columbus Metropolitan Library*

## PICTURE BOOKS

**Hana's Hundreds of Hijabs** by Razeena Omar Gutta, 2022

Picture Book GUTTA

When her huge collection of hijabs and accessories gets way out of control, Hana comes up with a clever plan for sharing her talents and possessions with her community. (Grades PreK-4)

**Bathe the Cat** by Alice B. McGinty, 2022

Picture Book MCGINTY

Dad has posted a list of chores for the family to do before grandma comes, including bathing the cat; but the cat does not want a bath, so she mixes up the instructions, and soon the family is mowing the floor, vacuuming the lawn, mopping the baby--and the house is in chaos. (Grades PreK-K)

**Dear Reader: A Love Letter to Libraries** by Tiffany Rose, 2022

Picture Book ROSE

A voracious young reader pens a love letter to libraries and books, and powerfully expresses the need for diversity and the importance of representation in stories. (Grades PreK-3)

**My Shadow is Pink** by Scott Stuart, 2020

Picture Book STUART

The main character likes princesses, fairies and things 'not for boys'... he soon learns (through the support of his dad) that everyone has a shadow that they sometimes feel they need to hide. This is an important book for a new generation of children (and adults alike) which exemplifies the concepts of unconditional love, respect and positive parenting. (Grades K-2)

**Beautiful You, Beautiful Me** by Tasha Spillett-Sumner, 2022

Picture Book SPILLETT-SUMNER

The main character likes princesses, fairies and things 'not for boys'... he soon learns (through the support of his dad) that everyone has a shadow that they sometimes feel they need to hide. This is an important book for a new generation of children (and adults alike) which exemplifies the concepts of unconditional love, respect and positive parenting. (Grades K-2)



## JUVENILE FICTION

**Red, White, and Whole** by Rajani LaRocca, 2021

J FICTION LARocca

Reha feels torn between two worlds: school, where she's the only Indian American student, and home, with her family's traditions and holidays. Then Reha finds out that her Amma is sick. Reha, who dreams of becoming a doctor even though she can't stomach the sight of blood, is determined to make her Amma well again. (Grades 5-12)

**Aviva vs. the Dybbuk** by Mari Lowe, 2022

J FICTION LOWE

As tensions escalate in the Jewish community of Beacon with incidents of vandalism and a swastika carved into new concrete poured near the synagogue, so does the tension grow between Aviva and the girls at her school. Topping it off is a ghostly dybbuk, whose mayhem is

blamed on Aviva. Could real harm be coming Aviva's way? And what does it all have to do with the "accident" that took her father years ago? (Grades 3-7)

## TEEN

**Firekeeper's Daughter** by Angeline Boulley, 2021

FICTION BOULLEY

Daunis, who is part Ojibwe, defers attending the University of Michigan to care for her mother and reluctantly becomes involved in the investigation of a series of drug-related deaths. (Grades 9-12)

**Last Night at Telegraph Club** by Malinda Lo, 2021

FICTION LO

Seventeen-year-old Lily Hu can't remember exactly when the question took root, but the answer was in full bloom the moment she and Kathleen Miller walked under the flashing neon sign of a lesbian bar called the Telegraph Club. With deportation looming over her father--despite his hard-won citizenship--Lily and Kath risk everything to let their love see the light of day. (Grades 9-12)

## NON-FICTION

**Bodies Are Cool** by Taylor Feder, 2021

J 612 F293b

Illustrations and easy-to-read, rhyming text celebrate bodies of all shapes, sizes, ages, and colors, with different kinds of hair, eyes, spots, scars, and more. (Grades PreK-3)

**Our Skin: A First Conversation About Race** by Megan Madison, 2021

J 305.8 M182o

An age-appropriate introduction to the concepts of race, gender, consent and body positivity, developed by early childhood and activism experts, combines clear text with engaging artwork to help the youngest children recognize and confront unjust actions. (Grade PreK)

**Fall Down Seven Times, Stand Up Eight** by Patsy Takemoto Mink, 2022

J B M665 B915f

A champion of equal rights who helped create a better future for all Americans, this biography of the first Asian American woman elected to Congress showed how she carved her own path to become a historic trailblazer. (Grades 2-4)



## Families

*Books available at the Columbus Metropolitan Library*

### PICTURE BOOKS

**The Family Book** by Todd Parr, 2020

Picture Book PARR

Todd Parr includes adopted families, step-families, one-parent families, and families with two parents of the same sex, as well as the traditional nuclear family. His quirky humor and bright, childlike illustrations will make children feel good about their families. (PreK-2)

**How We Say I Love You** by Nicole Chen, 2022

Picture Book CHEN

In this heartwarming picture book, an Asian American girl shares how her family expresses their love for one another through actions rather than words. (PreK-1)

**The Little House of Hope** by Terry Catusus Jennings, 2022

Picture Book JENNINGS

When Esperanza and her family arrive in the United States from Cuba, they buy a little house, una casita. It may be small, but they soon prove that there's room enough to share with a whole community. (PreK-2)

**Maisie's Scrapbook** by Samuel Narh, 2019

Picture Book NARH

Maisie's two parents are different in many ways—Mama cooks risotto, while Dada cooks jollof rice; Mama wears linen, and Dada wears kente cloth—but both of them love Maisie just the same. (Grades PreK-2)

**Mama's Home** by Shay Youngblood, 2022

Picture Book YOUNGBLOOD

A gorgeously illustrated picture book that is a powerful love letter to chosen families and the village that raises us. A young girl basks in the love of her community—which includes not only her mother but the many different women who make up her world. (PreK-2)

### JUVENILE FICTION

**All My Rage** by Sabaa Tahir, 2022

Teen Fiction TAHIR

This brilliant, unforgettable, and heart-wrenching contemporary novel is about family and forgiveness, love and loss, in a sweeping story that crosses generations and continents. Winner of the 2022 National Book Award for Young People's Literature. (Grades 9-12)

**Genesis Begins Again** by Alicia Williams, 2020

J Fiction WILLIAMS

Genesis is determined to fix her family, and she's willing to try anything to do so...even if it means harming herself in the process. But when Genesis starts to find a thing or two she actually *likes* about herself, she discovers that changing her own attitude is the first step in helping change others. (Grades 4-8)

**In the Beautiful Country** by Jane Kuo, 2022

J Fiction KUO

Arriving in America, the so-called beautiful country, Anna, a young Taiwanese girl, finds it anything but beautiful as she and her family struggle to make a place for themselves in this world and learn the true meaning of home. (Grades 4-8)

**Maizy Chen's Last Chance** by Lisa Yee, 2022

J Fiction LEE

Twelve-year-old Maizy discovers her family's Chinese restaurant is full of secrets in this irresistible novel that celebrates food, fortune, and family. (Grades 4-8)

**Sisters of the Neversea** by Lisa Leitich Smith, 2021

J Fiction SMITH

In this magical, modern twist on Peter Pan, Lily and Wendy have been best friends since they became stepsisters. But with their feuding parents planning to spend the summer apart, what will become of their family—and their friendship? (Grades 4-8)

**Ways to Make Sunshine** by Renee Watson, 2020

J Fiction WATSON

Drawing comparisons to the likes of the *Ramona Quimby* series, *Ways to Make Sunshine* follows Ryan Hart as she strives to keep her and her family's spirits up after her father loses his job and the family has to move into a much smaller house. (Grades 3-5)

**NON-FICTION****Born Ready: The True Story of a Boy Named Penelope** by Jodie Patterson, 2021

J 306.768 P317b

Jodie Patterson, activist and Chair of the Human Rights Campaign Foundation Board, shares her transgender son's experience in this important picture book about identity and acceptance. (PreK-1)

**My Skin, Your Skin: Where Do Genes Begin?** by Devon Scott, 2021

J 612.79 S425m

Devon wants to know why his skin looks different from his sister's. But when he asks, he gets more of an answer than he bargained for! With the help of his parents, Devon learns about how genes impact the way we look—and that family is more than skin-deep! (PreK-2)

**See Where We Come From: A First Book of Family Heritage** by Scot Ritchie, 2021

J 306.85 R611s

In this perfect, kid-friendly introduction to the concept of family heritage, the five friends participate in a Heritage Festival at their school. They learn about their heritage featuring many different traditional foods, music, clothing and crafts. (PreK-2)

**You Be You! The Kid's Guide to Gender, Sexuality, and Family** by Jonathan Branfman, 2019

J 305.3 B821y

Throughout the book kids learn that there are many kinds of people in the world and that diversity is something to be celebrated. It covers gender, romantic orientation, discrimination, intersectionality, privilege, and how to stand up for what's right. (Grades 2-5)

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# Foster Care

*Books available at the Columbus Metropolitan Library*

## PICTURE BOOKS

**Zahra's Blessing: a Ramadan Story** by Shirin Shamsi, 2022. Picture Book SHAMSI  
Zahra wishes for a sister, never dreaming that volunteering with her mother at a refugee shelter might make her wish come true. (Grades K-3)

**A Family Is a Family Is a Family** by Sara O'Leary, 2016. Picture Book O'LEARY  
What is a family? When a teacher asks the children in her class to think about what makes their families special, the answers are all different in many ways -- but the same in one way that matters most of all. (Grades PreK-2)

**When the Babies Came to Stay** by Christine McDonnell, 2020. Picture Book MCDONNELL  
A librarian finds four babies with a note pinned to them and decides they should stay. Camila learns how to be brave in the face of worries when a class visit to an aquarium brings anxiety and fear. (Grades PreK-2)

**Just Like a Mama** by Alice Faye Duncan, 2020. Picture Book DUNCAN  
Carol Olivia Clementine wishes her parents did not live so far away, but Mama Rose provides a home, loves her, and cares for her just like a mother would. (Grades PreK-2)

## JUVENILE FICTION

**One for the Murphys** by Lynda Mullaly Hunt, 2012. Fiction HUNT  
Twelve-year-old Carly unexpectedly ends up in foster care and faces tough realities. She's placed with the Murphy family and their three lively boys. Has she finally found a happy home? (Grades 5-8)

**The Unforgettable Logan Foster** by Shawn Peters, 2022. Fiction PETERS  
Logan, an undersized twelve-year-old orphan with a photographic memory and no filter, discovers that his foster parents are superheroes in grave danger and only Logan's highly logical mind can save them. (Grades 4-6)

**Mostly the Honest Truth** by Jody J. Little, 2019. Fiction LITTLE  
Sent to another foster home when her father returns to rehab, Jane discovers that family is more than just relatives and that home can be found in unlikely places. (Grades 3-7)

**The Way to Rio Luna** by Zoraida Cordova, 2020. Fiction CORDOVA  
Eleven-year-old Danny Monteverde believes in magic, he believes that the enchanted land of Rio Luna in his older sister's favorite book is real, and most of all he believes that if he can find the way to Rio Luna he will find his sister Pili there. He doesn't believe she would run away from the foster group. (Grades 4-7)

**Anne of West Philly: A Modern Graphic Retelling of Anne of Green Gables** by Ivy Noelle Weir, 2022.  
Children's Graphic Novel J 741.5 M787 W425a

In this modern retelling, Anne is fostered into the West Philly home of siblings Marilla and Matthew, and while she initially has a hard time at school, she ends up joining the robotics team and competes for a spot in an elite STEM program. (Grades 4-7)

## TEEN FICTION

**The Name She Gave Me** by Betty Culley, 2022. Fiction CULLEY

When Ryan begins to experience difficulties with her adoptive parents, she begins the search for her birth mother. She only has a name to start with, and eventually discovers she has a sister living in foster care. Will the search for her biological family shatter her adoptive family? (Grades 9-12)

**Watch Over Me** by Nina LaCour, 2020. Fiction LACOUR

A newly graduated Mila emerges from foster care to accept a job on an isolated Northern California Coast farm where she confronts haunting memories and the traumas of her fellow residents. (Grades 9-12)

**In Another Life** by C.C. Hunter, 2019. Fiction HUNTER

Told in two voices, high school seniors Chloe Holden and Cash Colton try to determine if she is his foster mother's daughter, Emily, who was kidnapped at age three. (Grades 9-12)

## NON-FICTION

**Locomotion** by Jacqueline Woodson, 2003. J 811 W8981L

In a series of poems, eleven-year-old Lonnie writes about his life, after the death of his parents, separated from his younger sister, living in a foster home, and finding his poetic voice at school. (Grades 4-6)

**Kids Need to Be Safe** by Julie Nelson, 2007. J 362.733 N427f

Written to help children understand why some kids get new foster parents or new adopted moms and dads; with resources for adults. (Grades K-2)

**Maybe Days: A Book for Children in Foster Care** by Jennifer Wilgocki and Marcia K. Wright, 2002. J 362.733 W677m

Answers the questions of many children in foster care: "When am I going home?" "will I stay with my foster parents forever?" (Grades PreK-2)





# Healthy Eating

*Books available at the Columbus Metropolitan Library*

## PICTURE BOOKS

- Eating the Alphabet** by Lois Ehlert, 1989 Picture Book EHLERT  
Have fun introducing your child to the names of fruits and vegetables from A to Z. Colorful illustrations can entice your child to try a new food. (Grades PreK-2)
- Chew, Chew, Gulp!** by Lauren Thompson, 2011 Picture Book THOMPSON  
Picky toddlers and preschoolers will appreciate learning about all of the different ways that they can interact with the food on their plates. Simple rhyming text and a diverse cast of characters make this a fun read. (Grades PreK-1)
- Every Night is Pizza Night** by J. Kenji López-Alt, 2020 Picture Book LÓPEZ-ALT  
Pipo is convinced that pizza is the very best food and insists on eating it every night. Through a colorful journey through her neighborhood, Pipa realizes that eating a variety of foods is both fun and delicious! (Grades PreK-3)
- Monsters Don't Eat Broccoli** by Barbara Jean Hicks, 2009 Picture Book HICKS  
Monsters insist they do not like broccoli and would rather munch on buildings and giant trees. But what if the trees they love are actually leafy vegetables? This book has great vocabulary words and melodic rhymes. (Grades PreK-1)
- Nope. Never. Not for Me!** by Samantha Cotterill, 2019 Picture Book COTTERILL  
A young child refuses to try a bite of broccoli until her mom guides her through a careful exploration of the new food.

## NONFICTION

- Eat Up! An Infographic Exploration of Food**  
by Antonia Banyard, 2017 J 641.3 B219e  
A colorful infographic look at many surprising and fascinating facts about food. Information is presented in easy-to-understand graphics and clear explanations. (Grades 4-7)
- Yummy Yoga: Playful Poses and Tasty Treats**  
by Joy Bauer, 2019 J 641.5123 B344y  
A fun and fresh introduction to yoga and nutrition. (Grades PreK-1)

- What's on My Plate?** by Jennifer Boothroyd, 2016 J 613.2 B725w  
This book provides an introduction to the five food groups and helps kids figure out how to eat a healthy, balanced diet. (Grades K-2)
- Are You What You Eat? A Guide to What's on your Plate and Why!**  
By DK J 613.2 A678  
Introduces nutrition, discussing how foods can effect energy, how the digestive system works and why the human body needs nutrition. (Grades 3-6)
- Now You Know What You Eat** by Valorie Fisher , 2019 J 641.3 F536n  
Explores the science of what we eat and where ingredients come from by going behind the scenes of favorite, every day food. Includes a graphic about the food groups as well as an introduction to vitamins and minerals. (Grades PreK-2)
- My Body Needs Food** by Jenna Gleisner, 2015 J 613.2 T559e  
This book introduces the concept of healthy food, and tells kids how the digestive system uses healthy food to provide the body with energy. The book also offers tips on how to choose foods as part of a healthy diet. (Grades 2-5)
- Teen Chef Cooks: 80 Scrumptious Family-friendly Recipes**  
by Kid Chef Eliana, 2019 T 641.564 K46t  
More than 75 fresh, flavorful, seasonal recipes that inspire kids, teens and families to embrace cooking and to use fresh, local ingredients when possible. (Grades 7-12)
- Super Foods for Super Kids Cookbook** by Noelle Martin, 2020 J 641.5637 M382s  
This kids' cookbook has cool kitchen tutorials that teach you how to read a recipe, talk like a chef and safely use the tools needed to sizzle, chop and simmer your favorite foods.
- Healthy Eating** by Jane Sieving Pelkki, 2017 J 613.2 P 384h  
It's not always easy to know how to choose healthy foods. This books discusses the history of nutrition science and helps explain what role different nutrients play in keeping the body healthy. (Grades 2-5)
- See What We Eat!: A First Book of Healthy Eating**  
by Scot Ritchie, 2017 J 641.3 R611  
A solid nutritional introduction to healthy food for younger readers. Readers will discover how food is grown and produced before it ends up in their kitchens and on their plates. (Grade PreK-2)



# Incarcerated Parents

*Books available at the Columbus Metropolitan Library*

## PICTURE BOOKS

- Knock Knock: My Dad's Dream for Me** by Daniel Beaty, 2013      Picture Book BEATY  
Story of a young boy who wakes up one morning to find that his father is gone. But his father has written him a letter to help him cope and navigate his new reality.
- Mama's Nightingale: A Story of Immigration and Separation**      Picture Book DANTICAT  
by Edwidge Danticat, 2015  
When Saya's mother is sent to jail as an illegal immigrant, she sends her daughter a cassette tape with a song and a bedtime story, which inspires Saya to write a story of her own--one that just might bring her mother home.
- Milo Imagines the World** by Matt de la Pena, 2021      Picture Book DE LA PENA  
While Milo and his sister travel to a detention center to visit their incarcerated mother, he observes strangers on the subway and draws what he imagines their lives to be.
- My Brother is Away** by Sara Greenwood, 2022      Picture Book GREENWOOD  
With her older brother in prison, a young girl copes with the confusing feelings his absence creates. She is anxious when it comes time to visit him, but she quickly realizes that while his life may be changed, his love for her has not.
- Missing Daddy** by Mariame Kaba, 2019      Picture Book KABA  
Story of a young girl who shares how her beloved father's absence affects her life. She looks forward to the days when she visits her father in prison.
- See you Soon** by Mariame Kaba, 2022      Picture Book KABA  
Six-year-old Queenie has many worries when she is separated from her mother due to substance dependence and incarceration. A beautifully written and illustrated story about intergenerational family love.

## JUVENILE FICTION

- The Swag Is in the Socks** by Kelly J. Baptist, 2021      J Fiction BAPTIST  
Twelve-year-old Xavier Moon is most comfortable keeping to himself. When his great-uncle gives him some outlandish socks, he gets the courage to step into the spotlight and be different.

**Fighting Words** by Kimberly Brubaker Bradley, 2020

J Fiction BRADLEY

After Della's mother goes to prison, her mother's boyfriend takes her in along with her older sister, Suki. When Suki attempts suicide, Della speaks out about the sexual abuse they've suffered at the hands of their mother's boyfriend.

**From the Desk of Zoe Washington** by Janae Marks, 2020

J Fiction MARKS

Zoe Washington loves to bake and is working hard at her bakery internship. On her twelfth birthday, Zoe receives a letter from her father who is in prison for a terrible crime.

**Born Behind Bars** by Padma Venkatraman, 2021

J Fiction VENKATRAMAN

Kabir has been in jail since the day he was born, because his mom is serving time for a crime she didn't commit. When Kabir discovers that he is leaving to be sold into slavery, he runs away and lives the dangerous life of a street kid.

**Harbor Me** by Jacqueline Woodson, 2018

J Fiction WOODSON

Six teens are given the opportunity to participate in a weekly talk without adults. Together, they feel safe to share their personal stories, hopes and dreams.

**TEEN FICTION****Tyrell** by Coe Booth, 2006

Fiction BOOTH

Fifteen-year-old Tyrell, who is living in a Bronx homeless shelter with his spaced-out mother and his younger brother, tries to avoid temptation so he does not end up in jail like his father.

**Concrete Rose** by Angie Thomas, 2021

Fiction THOMAS

Maverick feels strongly about family ties, making choices he feels necessary to help support his mom while his King father serves time. As he cares for his infant child and prepares for another child on the way, Maverick must decide if he wants to go straight or continue living his dangerous gang life.

**TEEN GRAPHIC NOVEL****Hey, Kiddo** by Jarrett Krosoczka, 2018

T 741.5 K93h

Family is complicated for Jarrett. In this graphic novel memoir, Jarrett tells the story of being raised by his grandparents while his drug addicted mother is in and out of rehab and his father's identity is a mystery.



# Moving

*Books available at the Columbus Metropolitan Library*

## PICTURE BOOKS

**A New Home** by Tania de Regil, 2019

Picture Book DE REGIL

Moving to a new city can be exciting. But what if your new home is different? A boy moving from New York City to Mexico City and a girl moving from Mexico City to New York City express their fears about leaving home to live in a new and unfamiliar place. (Grades PreK-3)

**Ten Beautiful Things** by Molly Beth Griffin, 2021

Picture Book GRIFFIN

When Lily moves in with Gram, she and Gram search for ten beautiful things on the road trip to Gram's home. (Grades PreK-2)

**Southwest Sunrise** by Nikki Grimes, 2020

Picture Book GRIMES

A boy from New York misses his home in the city but finds that his new home in the desert also has many things to offer. (Grades K-3)

**Forever Cousins** by Laurel Goodluck, 2022

Picture Book GOODLUCK

Kara and Amanda are not only cousins. They're best friends. When Kara's family moves to the Rez, the girls worry that their friendship will never be the same. But when they reconnect at their family reunion, they realize that will always be forever cousins. (Grades PreK-2)

**Home Is a Window** by Stephanie Parsley Ledyard, 2019

Picture Book LEDYARD

A family learns what home really means when they leave their beloved house and move to another. (Grades PreK-3)

**Evelyn Del Rey is Moving Away** by Meg Medina, 2020

Picture Book MEDINA

From Newbery Medalist Meg Medina comes the bittersweet story of two girls who will always be each other's número uno, even though one is moving away. (Grades PreK-2)

**Coquí in the City** by Nomar Perez, 2021

Picture Book PEREZ

When Miguel first moves to New York from Puerto Rico, he finds his new city overwhelming. But as he explores with his mama, he realizes that his new home has more in common with San Juan than he thought. (Grades PreK-2)

**Home Is in Between** by Mitali Perkins, 2021

Picture Book PERKINS

When Shanti immigrates to the United States, she navigates between her family's Bengali culture and the new customs of the U.S. (Grades PreK-2)



## JUVENILE FICTION

**365 Days to Alaska** by Cathy Carr, 2021

J Fiction CARR

When eleven-year-old Riley moves to Connecticut with her mom and sisters after her parents' divorce, she makes a pact with her dad: if she can survive in Connecticut for one year, he'll let her move back to her hometown in Alaska. (Grades 2-5)

**Glitter Gets Everywhere** by Yvette Clark, 2022

J Fiction CLARK

When ten-year old Kitty moves from London to New York City after her mother's death, she learns that she can take her mother's memories with her wherever she goes. (Grades 2-5)

**We Belong** by Cookie Hiponia Everman, 2021

J Fiction EVERMAN

A semi-autobiographical novel-in-verse in which a mother tells a bedtime story to her daughters, weaving Tagalog mythology with her own immigration story from the Philippines to the U.S. (Grades 5-8)

**Those Kids from Fawn Creek** by Erin Entrada Kelly, 2022

J Fiction KELLY

The twelve seventh-graders at Fawn Creek Middle School have known each other their whole lives. So when Orchid Mason arrives to town, filling the seat of a classmate who recently moved away, the kids aren't sure what to think. This is a story about friendship, belonging, and being true to yourself. (Grades 3-7)

**Everything Sad is Untrue: A True Story** by Daniel Nayeri, 2020

J Fiction NAYERI

This is the true story of Nayeri's life and family history (as best as he knows it). Nayeri calls the book a "patchwork text," weaving together stories of his childhood, family history in Iran, and Persian history and myth. (Grades 4-10)

**Other Words for Home** by Jasmine Warga, 2019

J Fiction WARGA

A novel-in-verse about a young girl who leaves Syria for a new home in Cincinnati. (Grades 3-7)

**Ways to Make Sunshine** by Renée Watson, 2020

J Fiction WATSON

When eleven-year-old Ryan's father is laid off from the post office, she and her family move into a new (old) home. Things are difficult, but luckily, Ryan has a talent: turning setbacks into sunshine. (Grades 2-4)

**A Song Called Home** by Sara Zarr, 2022

J Fiction ZARR

Fifth-grader Louise deals with the stress of an alcoholic father, new stepdad, and a move from San Francisco to the suburbs. (Grades 4-7)

## New Baby

*Books available at the Columbus Metropolitan Library*

**New Baby!** by Stephanie Blake, 2015

Picture Book: BLAKE

Simon does not like having a baby brother until he decides to protect the baby from scary sounds at night. (Grades PreK-3)

**You and Me** by Rebecca Kai Dotlich, 2018

Board Book: DOTLICH

Illustrations and simple, rhyming text express siblings' enjoyment of a new baby, while still looking forward to their one-on-one time with a loved one. (Grades PreK-K)

**Poppy's Best Babies** by Susan Eaddy, 2018

Picture Book: EADDY

At first Poppy is thrilled that her grandmother has come to help with her twin baby sisters. But, when Poppy finds out that the babies take up all the adults' time and energy, she starts to feel angry and neglected. (Grades PreK-3)

**Mama's Belly** by Kate Hosford, 2018

Picture Book: HOSFORD

A little girl expresses curiosity and excitement for the coming birth of her baby sister while her parents tenderly reassure her of love's ability to expand with their growing family. (Grades PreK-1)

**Little Big Girl** by Claire Keane, 2016

Picture Book: KEANE

Matisse is a little girl in a big world, until her baby brother is born, and she discovers she is not so little, after all. (Grades PreK-1)

**The New Baby and Me!** by Christine Kidney, 2020

Picture Books: KIDNEY

A family of five siblings imagines what their new baby brother will be like. Will he be a scientist or dreamer? A pirate or an artist? Each child projects their own ideas and fantasies onto the new baby. All they know is that he will be just like them! But they are in for a bit of a surprise. (Grades PreK-3)

**You are new** by Lucy Kinsley, 2019

Picture Books: KINSLEY

A world of being new is waiting--exciting, cool, and fascinating! Napping, crying, cuddling, playing, making friends, exploring--such a wealth of experiences awaits each new life (Grades PreK-3)

**Our Subway Baby** by Peter Mercurio, 2020

Picture Books: MERCURIO

Some babies are born into their families. Some are adopted. This is the story of how one baby found his family in the New York City subway." So, begins the true story of Kevin and how he found his Daddy Danny and Papa Pete. Written in a direct address to his son, Pete's moving and emotional text tells how his partner, Danny, found a baby tucked away in the corner of a subway station on his way home from work one day. (Grades PreK-3)

**How to Welcome a New Baby** by Jean Reagan, 2022

Picture Book: REAGAN

In this funny, creative, and sweet new addition to the best-selling How to series, young readers will follow along through the first year of a baby's life, learning what to do along the way! (Grades PreK-3)



**Olive: The Alien** by Katie Saunders, 2016

Picture Book: SAUNDERS

Although Archie loves his new baby sister, her strange behavior makes him wonder if she just might be an alien. (Grades PreK-3)

**Baby Says** by John Steptoe, 2019

Board Book: STEPTOE

A baby and big brother figure out how to get along. (Grades PreK-1)

**First Laugh: Welcome, Baby!** By Rose Ann Tahe, 2018

Picture Book: TAHE

A Navaho family welcomes a new baby into the family with love and ceremony, eagerly waiting for the first special laugh. Includes brief descriptions of birth customs in different cultures. (Grades PreK-K)

## NONFICTION

**Getting a New Baby** by Jeri Cipriano, 2022

J 649.122 CIP

When a new baby comes home to a family, it means huge changes in everyone's life. A new baby brother or sister will need lots of attention from Mom and Dad. (Grades PreK-2)

**Welcoming a New Baby (My Family and ME)** by Mary Auld, 2011

J 306.875 A924W

Different families have different ways of welcoming a new baby. Explore some of these traditions with this book! (Grades PreK-1)

## Special Needs

*Books available at the Columbus Metropolitan Library*

### PICTURE BOOKS

**Aaron Slater, Illustrator** by Andrea Beaty, 2021

Picture Book BEATY

When Miss Greer asks each child in the class to write a story, second-grader Aaron, who loves to draw but struggles with reading, creates a story using pictures. Printed in a type font designed for readers with dyslexia. (Grades K-2)

**I Will Dance** by Nancy Bo Flood, 2020

Picture Book FLOOD

Eva's cerebral palsy makes it difficult for her to do many things, but she longs to dance and, finally, her dream is realized. (Grades PreK-3)

**What Happened to You?** by James Catchpole, 2021

Picture Book CATCHPOLE

Constantly seen first for his disability, Joe is fed up of only ever being asked about his leg. All he wants to do is play Pirates. This book teaches us all what's actually important when we make a new friend: seeing them for who they are on the inside. (Grades PreK-3)

**My City Speaks** by Darren Lebeuf, 2021

Picture Book LEBEUF

A young girl, who is visually impaired, finds much to celebrate as she explores the city she loves. (Grades PreK-2)

**When Charley Met Emma** by Amy Webb, 2019

Picture Book WEBB

When Charley goes to the playground and sees Emma, a girl with limb differences who gets around in a wheelchair, he doesn't know how to react at first. But after he and Emma start talking, he learns that different isn't bad, sad, or strange--different is just different, and different is great! (Grades PreK-K)

### JUVENILE FICTION

**A Kind of Spark** by Elle McNicoll, 2021

J FICTION LEZOTTE

Addie learns what it means to be an upstander when she sets out to encourage her Scottish town to memorialize women who were branded as witches throughout history. Perceptive Addie is autistic and deeply empathetic, drawing parallels between the way society treats these so-called "witches" and the way she's bullied while struggling with feelings of being an outsider. (Grades 4-7)

**Show Me a Sign** by Ann Clare LeZotte, 2021

J FICTION LEZOTTE

It is 1805 and Mary Lambert has always felt safe among the deaf community of Chilmark on Martha's Vineyard where practically everyone communicates in a shared sign language, but recent events have shattered her life. (Grades 3-7)

**Tune It Out** by Jamie Sumner, 2021

J FICTION LEZOTTE

From the author of the acclaimed *Roll with It* comes a moving novel about a girl with a sensory processing disorder who has to find her own voice after her whole world turns upside down. (Grades 5-6).

## TEEN

**One for All** by Lillie Lainoff, 2022

FICTION LAINOFF

In 17th-century France, a chronically ill girl vows to avenge her father's murder. An insightful, affirming tale of swordplay and sisterhood. (Grades 7-12)

**The Silence Between Us** by Alison Gervais, 2022

FICTION GERVAIS

Maya has reservations about transferring to a hearing school after studying in a school for the deaf for years, but grows closer to Beau Watson, the student body president, who starts learning sign language to communicate with her. (Grades 7-12)

**Breathe and Count Back from Ten** by Natalia Sylvester, 2022

FICTION SYLVESTER

Maya has reservations about transferring to a hearing school after studying in a school for the deaf for years, but grows closer to Beau Watson, the student body president, who starts learning sign language to communicate with her. (Grades 7-12)

## NON-FICTION

**All the Way to the Top: How One Girl's Fight for Americans with Disabilities Changed Everything**

by Annette Bay Pimentel, 2020

J B K262 P644a

Jennifer knew that everyone deserves a voice! Then the Americans with Disabilities Act, a law that would make public spaces much more accessible to people with disabilities, was proposed to Congress. And to make sure it passed, Jennifer went to the steps of the Capitol building in Washington DC to convince them. And, without her wheelchair, she climbed. ALL THE WAY TO THE TOP! (Grade K-4)

**Disability Visibility (Adapted for Young Adults): 17 First-Person Stories for Today** by Alice Wong, 2021

T 305.9080922 D611

The seventeen eye-opening essays in *Disability Visibility*, all written by disabled people, offer keen insight into the complex and rich disability experience, examining life's ableism and inequality, its challenges and losses, and celebrating its wisdom, passion, and joy. (Grades 7-9)

**Just Ask! Be Different, Be Brave, Be You** by Sonia Sotomayor, 2019

J 362.4 S718j

In this picture book by Supreme Court Justice Sonia Sotomayor, children of different abilities work together to build a community garden. Inspired by Justice Sotomayor's childhood experience with diabetes. (Grades PreK-3)

**We Move Together** by Kelly Fritsch, 2021

J 158.2 F919w

*We Move Together* follows a mixed-ability group of kids as they creatively negotiate everyday barriers, and find joy and connection in disability culture and community. (Grades 1-2)





## Starting School

*Books available at the Columbus Metropolitan Library*

### PICTURE BOOKS

**Isabel and her Colores go to School** by Alexandra Alessandri, 2021

Spa Picture Book ALESSANDRI

This bilingual picture book tells the story of Isabel, who loves learning, but is scared to go to school where they only speak English. Using her art skills, though, she is able to make new friends, even if they don't share the same language. (Grades K-3)

**The Queen of Kindergarten** by Derrick Barnes, 2022

Picture Book BARNES

A brand-new kindergartener has a great first day of school, thanks to the positivity and confidence her parents shower on her. (Grades PreK-K)

**First day of School** by Esther van den Berg, 2021

Picture Book BERG

Robin isn't sure he wants to go to school, but Mom is sure he'll have fun. After a full day of snacks, stories, and crafts, Robin isn't sure he wants to go back home! (Grades PreK-1)

**We Will Rock Our Classmates** by Ryan Higgins, 2020

Picture Book HIGGINS

Penelope, a T-Rex, wants to participate in her school's talent show, but can T-Rexes rock-and-roll? A good story about embracing a child's interests and talents. (Grades PreK-3)

**First Day Critter Jitters** by Jory John, 2020

Picture Book JOHN

The first day of school can be worrisome! All the animals are nervous but to their surprise they learn that everyone feels that way on the first day of school. The animals join forces and help each other figure out how to overcome their worries together. (Grades PreK-3)

**The Color Monster Goes to School** by Anna Llenas, 2020

Picture Book LLENAS

It's Color Monster's first day of school! At first he's scared, but then he meets all his new classmates and goes to music class, storytime, and recess, and learns how fun school can be! (Grades PreK-1)

**Lola Goes to School** by Anna McQuinn, 2019

Picture Book MCQUINN

Join Lola on her first day of school. She prepares her clothes and food the night before and is very excited! On her first day of school she says good bye to Mommy and makes new friends while reading, playing outside and pretending to be a superhero. (Grades PreK-K)

**My First Day** by Phùng Nguyễn Quang, 2021

Picture Book PHUNG

A young boy is nervous about traveling by himself to school, but he reminds himself that “what you know can...turn the unfamiliar into family.” (Grades 1-4)

**Choo-Choo School** by Amy Krouse Rosenthal, 2020

Picture Book ROSENTHAL

What happens on a train's first day of school? They have classroom rules too: work hard, play fair, be kind. Read a long as the trains start their first day of school where they do math, get exercise and sing the alphabet song! (Grades PreK-2)

**This is a School** by John Schu, 2022

Picture Book SCHU

What is a school? It's “librarians and coaches, helpers and staff, principals and teachers, kids and friends.” A great book for helping kids feel like they belong at school. (Grades PreK-2)

**That's Not My Name!** by Anoosha Syed, 2022

Picture Book SYED

Mirha is so excited to start school, but once she gets there, no one can pronounce her name – not even the teachers! What should she tell everyone when they say her name wrong? (Grades K-3)

**The Pigeon Has to Go to School!** by Mo Willems, 2019

Picture Book WILLEMS

The pigeon must go to school, but frets about math, learning the alphabet, heavy backpacks, and what the teacher and other birds will think of him. (Grades PreK-K)

## NON-FICTION

**What if...?** by Sonali Fry, 2021

J 372.21 F947w

This nonfiction title uses the friendly faces from Sesame Street to talk through some of the worries that children may have about starting school. Also includes tips for caregivers. (Grades PreK-1)

These items can be borrowed by visiting your nearest Columbus Metropolitan Library location.

Please call 614-645-2275. Updated 12/22/2022



# Toilet Training

*Books available at the Columbus Metropolitan Library*

## PICTURE BOOKS

### **Potty All-Star: Get Out of Diapers and into the Game**

by Ross Burach, 2019

Board Book BURACH

This upbeat basketball-themed potty book is perfect for toddlers who are ready to get out of diapers and into the big leagues! Potty training isn't always easy but with encouragement from Coach and fans, this book helps toddlers gain potty confidence and become potty all-stars.

### **Vegetables in Underwear** by Jared Chapman, 2015

Picture Book CHAPMAN

Illustrations and brief text reveal the wide variety of unmentionables sported by vegetables.

### **P is for Potty!** by Naomi Kleinberg, 2014

Picture Book SESAME

Elmo tells little girls and boys ages 1 to 3 all about how to use the potty. A perfect mix of fun and learning for potty-training toddlers--especially as they practice sitting on the potty!

### **No More Diapers for Ducky!** by Bernette G. Ford, 2014

Picture Book FORD

When Piggy can't come out to play because he's busy sitting on the potty, Ducky realizes that it's time to grow up, too. A sweet and subtle story, with two huggable animals that children will embrace.

### **Once Upon a Potty: Boy/Girl** by Alona Frankel, 2007

Picture Book FRANKEL

A classic – one of the beloved companions to toilet training for boys and girls. It is designed to enhance the confidence and development of children (and parents).

### **Prince/Princess of the Potty** by Nora Gaydos, 2010

Picture Book GAYDOS

A start to finish account of a prince/princess learning to use the potty. This book includes guidelines for determining whether or not a child is ready for toilet training, along with tips on how to get started.

### **Where Does a Cowgirl/Pirate Go Potty?**

by Dawn Babb Prochovnic, 2019

Picture Book PROCHOVNIK

Follow a cowgirl in the wild west or a pirate across the seas as they search for where to go potty. In this hilarious adventure, discover how every animal has their own special place to go.

### **Goldilocks and the Just Right Potty** by Leigh Hodgkinson, 2017

Picture Book HODGKINSON

Using the structure of this familiar fairy tale, learning to use the potty becomes a story that children might be inspired to act out in real life.

### **A Potty for Me!** by Karen Katz, 2005

Picture Book KATZ

With interactive gatefold flaps, Katz describes how a gender-neutral toddler struggles to learn how to use the potty.

- Skip to the Loo, My Darling!** by Sally Lloyd-Jones, 2016      Picture Book LLOYD-JONES  
Bunny wants his potty. What will Bunny do? Only one thing for it... skip to the loo!
- Poop or Get Off the Potty!** by Margaret McNamara, 2019      Picture Book MCNAMARA  
Now that Mason and Mia are big kids, it's time to use the potty. But what is the potty for? Join Mason and Mia on this hilarious story as they learn what the potty is for and most importantly, how to poop in the potty.
- Super Pooper and Whizz Kid** by Eunice Moyle, 2018      Board Book MOYLE  
A superhero duo teach children how the whole bathroom business works from start to finish. The illustrations resemble a comic book, and the language is tongue-in-cheek fun.
- Big Boys/Girls Go Potty** by Marianne Richmond, 2011      Picture Book RICHMOND  
From handling accidents with humor to shedding diapers for good, these books are a rewarding journey that speaks directly to your big boy or girl, giving them an extra hug and smile.
- The Poop Song** by Eric Litwin, 2021      Picture Book LITWIN  
Discover how cats, pelicans, dinosaurs, and more poop in this fun book that's sure to children laughing. Litwin uses song to bring enjoyment to learning how to use the toilet.
- I Use the Potty** by Maria Van Lieshout, 2016      Picture Book VAN LIESHOUT  
A toddler, tired of diapers, learns to use the big kid toilet.
- Potty Animals** by Hope Vestergaard, 2009      Picture Book VESTERGAARD  
Meet Wilbur, who won't wash his hands after going potty. Wilma waits too long and sometimes doesn't make it in time. These are just a few of the preschool animals who need a little help with their bathroom etiquette.
- Even Princesses/Firefighters Go to the Potty**  
by Wendy Wax, 2014, 2008      Picture Book WAX  
A variety of characters turn up missing. Where did they go? To the potty! These books feature diversity.
- Don't Go There!** by Jeanne Willis, 2019      Picture Book WILLIS  
An alien visits from Mars, there is just one problem-he doesn't know how to use the potty! Join his new friend as she teaches him the potty song and how to go to the potty.

## NONFICTION

- Time to Pee!** by Mo Willems, 2003      J 649.62 W699t  
1, 2, 3...Pee! Toilet training has never been such as an adventure will finally bring them to their emancipation from diapers.